

Madawaska Valley

Association For

Community Living

**POLICY: HEALTH & WELL BEING OF PEOPLE SUPPORTED**

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**CATEGORY: SERVICE DELIVERY**

MVACL’s goal in supporting persons with intellectual disabilities is to provide them with individualized support that promotes social inclusion, and independence.

MVACL aims to dispel myths, and to impart information about any aspect of personal development relevant to the needs of the individual.

Supported persons will be taught in a way that; encourages the person to value him/her-self, allows the person to identify or clarify his/her own personal values, and to help the person recognize the rights and values of other people.

It is our goal to facilitate competence in social skills, provide factual information regarding our laws at a level that will assist individuals to function in society.

In addressing quality assurance measures O. Reg. 299/10, s. 24. Respecting the well-being of persons served, MVACL shall ensure the following is done:

* Assistance will be provided to the person to obtain medical services including regular medical and dental appointments, as needed, and that documentation is kept on file with respect to the person’s regular medical and dental appointments.
* A medication administration record is kept on file for the person.
* Information, as applicable and appropriate, is provided to the person with respect to;
* Abuse
* Prescription medication
* Diet and nutrition
* Personal hygiene
* Personal fitness
* Sexual health
* Behaviour that may pose a threat to the person’s health, safety or well-being
* Self-esteem and well-being
* Communication skills
* Developing relationships
* Rights Restrictions

All workshops attended and or information provided to the supported person in regards to the above topics will be recorded in the Individual Support Plan.

If the supported person is not able to comprehend any information on the topics as listed, every effort will be made to help them understand. This will also be noted on the Individual Support Plan.