



# CORE COMPETENCIES Newsletter February, 2025 - Volume 4



#### **CORE COMPETENCIES FEATURED IN THIS ISSUE:**

- Advocacy
- Strategic Thinking

The Core Competencies are professional traits and behaviours that exemplify the best employees in the sector. They help to build the skills to deliver quality supports for people with developmental disabilities.

#### THESE ARE THE MODERNIZED TEN CORE COMPETENCIES:

- Advocacy
- Building Relationships
- Championing Change and Innovation
- Facilitating Growth and Development
- Inclusive Leadership
- Problem Solving & Decision Making
- Resource Management
- Strategic Thinking
- Valuing Equity, Diversity, and Inclusion
- Resilience



### FEATURED CORE COMPETENCY Advocacy





Effectively questions existing practices and offers opportunities for new ideas



Recognizes the significance of personal experiences, values, cultural diversity,

and inclusion.







Read the following statement and think about how you would respond as an advocate.

Think about this personally or discuss as a team.

Bart is a 41 old man with a mild Developmental Disability. He currently resides in his own apartment with minimum support through a SIL program. Bart and his girlfriend, Silvia, have been in a healthy relationship for 5 years and want to move in together. Both families are accepting and supportive of their relationship and would like to see them move forward with their wishes of living together. The agency that you work for, however, does not support them.



As Barts support worker, you think that it would be good for Bart and Silvia to move their relationship forward. How can you assist them to advocate for themselves in this situation?

Of course there are a lot of unknowns in this situation. In real life, you would need to find out as many of the unknowns as possible. For this practice scenario, please assume the all areas of the situation and relationship are good.



Visit the new
Core Competencies Website:
https://provincialnetwork.ca/core-competencies/



### FEATURED CORE COMPETENCY Strategic Thinking

## STRATEGIC THINKING INVOLVES:





Recognizing and acting independently while considering the impacts on others.



Taking responsibility for your actiona and inactions and seeking to improve.



Using professional judgement to decide/act when the situation demands a quick response, while using a person directed approach.



Demonstrating time management with effective prioritization and follows up on progress to ensure task completion.



Evaluating plans to assess the gap between the current state and desired future direction and adapts as necessary.



Working with teams to set program/operational goals and plans in keeping with the strategic direction and/or vision of the individual.



#### THINKING TO DEVELOP

Get into groups of 2 or 3.



Empty your pockets of any coins or materials & put them or the table in front of you.

Each group will create their own personal logo creating the coins and objects in front of them.

If you are looking for more items, try looking in your purse or wallet, be creative!



Explain and share what led to the logo and what it says about them.

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